



Activity for Mauritania

Liguam

Liguam is a traditional favorite in Mauritania. You may know it as tug-o-war.

To play Liguam, you need at least two players. Divide the children into two teams. Place a line of masking tape on the floor, have the teams stand on opposite sides of it, and hold the rope. The object of the game is to pull on the rope to get the other team to cross the tapeline. The team that pulls the hardest is the winner.

Another way to play is to have two children compete with each other. The winner gets to play the next child in line.